



JCCs of North America  
מרכזים קהילתיים יהודיים בצפון אמריקה



## Dance

### 1. RULES AND REGULATIONS

- 1.1 The JCC Maccabi Dance competition shall be conducted under the following rules and regulations except as they may be modified by the Sports Advisory Committee (SAC) of the Continental Governing Body (CGB).
- 1.2 The Organizing Committee of the Host Community shall establish a Dance Committee, with an overall dance commissioner, to oversee and run the competition, and to resolve any controversies that arise. The decisions of the Dance Committee and/or the overall dance commissioner with respect to protests, disputes, and appeals shall be final. Protests must be submitted in writing within thirty (30) minutes after the completion of a game, and shall relate solely to the interpretation of the rules.
- 1.3 Prior to the start of the Games all rules questions shall be resolved by the Dance Committee, in consultation with the SAC.
- 1.4 Rachmanus Rule--Rachmanus plays a key role in athletics and the JCC Maccabi Games. Compassion and good sportsmanship shall be displayed by athletes, coaches and spectators at all times during the JCC Maccabi Games. For more information on the Rachmanus rule please refer to Appendix 1.
- 1.5 The Dance Committee has the discretion to penalize rule violations by point reduction, disqualification from one or more performances or by other means deemed appropriate by the committee.
- 1.6 Any grievance not handled to the satisfaction of a visiting delegation will be handled by the Host City Dance Committee.
- 1.7 All competing dancers are expected to participate in all scheduled dance opportunities provided by the Host City with a good attitude. This includes all warm-up classes, master classes and workshops. Dance coaches or delegation heads of dancers are expected to encourage their dancers' active participation in all dance opportunities offered by the Host City.

## 2. PARTICIPANTS

- 2.1 There shall be no limit on the number of participants a delegation may enter in the dance competition.
- 2.2 The organizing Committee of the Host Community may petition the Sports Advisory Committee to establish a roster limit, but such a limit may not be less than twelve (12), and there shall be no restrictions on the number of athletes a delegation may enter in any age/gender division within that roster limit.

## 3. COMPETITION FORMAT

- 3.1 Competition shall take place in two age divisions, 12\*-14 and 15-16. The organizing committee of the Host Community at its discretion may establish separate gender divisions.
  - 3.1.1 For routines comprised of more than one dancer, the majority of the contestants competing in each age division (12-14 or 15-16), must be within that age in order to compete in that division. In the case where there is an equal amount of each age dancer, the piece will compete in the older age division.

\*12 years old for Host City dancers only!

- 3.2 Competition shall take place in the following categories:

Note: *Dancers are allowed to perform four (4) pieces only.*

- 3.2.1 General Divisions shall include the following:
  - 3.2.1.1 Solo: One (1) dancer
  - 3.2.1.2 Duo-Trio: Two (2) or Three (3) dancers as one division
  - 3.2.1.3 Small Group: Four (4) to Six (6) dancers
  - 3.2.1.4 Large Group: Seven (7) or more dancers
- 3.2.2 Performance Divisions shall include the following and are defined below:  
Ballet; Lyrical; Modern; Hip-Hop/Street Dance/Funk; Jazz; Tap; Open; Israeli Dance
  - 3.2.2.1 **BALLET**

A routine where all dancers wear ballet slippers and execute ballet technique (classical, neo-classical, and contemporary ballet are included).

3.2.2.2

**LYRICAL**

A routine where all dancers interpret the lyrics or mood of a song (with or without words) using a combination of ballet, jazz, and/or modern technique. Dancers may wear ballet shoes (not pointe), character shoes, lyrical shoes, half soles, or be barefoot.

3.2.2.3

**MODERN**

A routine that utilizes an abstract style of movement with or without a prescribed vocabulary. It may also borrow from other disciplines, i.e. ballet, jazz, or lyrical, although it is based on such modern dance principles as space, force, weight, and time. The piece may reflect the choreographer's vision or interpretation of the music (with or without words) or may simply be a performance of modern dance technique. Dancers may wear half soles or be barefoot.

3.2.2.4

**HIP-HOP/STREET DANCE/FUNK**

A routine which consists of elements of hip-hop, street jazz, funk, break dancing, and/or pop video dancing. Dancers may wear jazz sneakers, jazz shoes, or athletic shoes.

3.2.2.5

**TAP**

A routine in which all the dancers wear tap shoes and execute tap technique. This may include, but is not limited to, soft shoe, buck and wing, or rhythm tap as an accompaniment to music or may be performed a cappella. Music may not include tap sounds.

3.2.2.6

**JAZZ**

A routine in which all dancers execute jazz technique; may incorporate

Broadway, modern or video jazz styles. Dancers may wear jazz shoes, jazz sneakers, lyrical shoes, half soles, character shoes or go barefoot.

3.2.2.7

**OPEN**

A routine consisting of any dance style not included in one of the other performance divisions. This may include ballroom dance, folk or ethnic dances (except Israeli; see below) and acrobatic dance.

3.2.2.8

**ISRAELI**

A routine consisting of dance styles particular to Israeli dance which could include a dance with Jewish themes, such as a piece set to a Jewish prayer or song. This also includes traditional Israeli folk dances. *This category is in addition to the four (4) routines each dancer is allowed to perform.* Dancers may wear jazz shoes, lyrical shoes, half soles, or be barefoot.

3.3 The content of all routines shall be in the spirit of the JCC Maccabi games and suitable for a family audience, i.e., no lewd or overtly sexual content. The Dance Committee has the discretion to disqualify a routine that is not in accordance with this standard.

3.4 A performer may enter a maximum of four (4) routines during the competition plus an Israeli Dance piece. Israeli Dance will not be counted as one of the (4) routines. No performer may compete in more than three (3) General Divisions within one (1) Performance Division; however, no dancer may compete against his or her self.

3.5 **Judges reserve the right to disqualify a dancer if the dance piece has been entered into the wrong category.** The piece may be performed and critiqued by the judges; however, it will not be considered for any medal.

#### 4. COMPETITION REQUIREMENTS

4.1 The length of a routine shall be a maximum of three (3) minutes and there shall be no minimum time. A one (1) point penalty shall be imposed for every five (5) seconds a routine is over the three (3) minute time limit.

- 4.1.1 Timing begins and ends when the piece begins, either by music or movement. Entrances and exits with music must be included in the time limit. Entrances and exits without music and bows are not included in the time limit.
- 4.2 Performers shall provide one (1) professional quality CD for each number entered and it should be in a case. A back up CD must be available for all entries, and a backup cassette tape is also recommended.
  - 4.2.1 Each CD may only contain one number. No other music should precede or follow it.
  - 4.2.2 Each CD shall have the following information printed on it: (1) Title of the routine, (2) Full name of performer(s), (3) Age division, (4) General Division, (5) Performance Division, (6) Name of Delegation and (7) Length of piece.
  - 4.2.3 CD's must be cued to the beginning of the music with a maximum lead-time of five (5) seconds.
  - 4.2.4 Music should be presented to the competition director at registration.
- 4.3 A maximum of three (3) acrobatic/gymnastic tricks may be used in any routine, **with the exception of acrobatic dance**. A tumbling pass counts as one. A trick or pass done simultaneously or as a continuous movement counts as one.
- 4.4 Singing by the contestants during the course of a routine is not permitted. Spoken or shouted words or sounds are allowed. Hats, canes, acrobatic props and the like may be used, but scenery or special lighting may not be used.
- 4.5 Performers are responsible for cleaning up the stage immediately after their performance.
- 4.6 The use of flash cameras is strictly prohibited during the competition.

## 5. JUDGING AND SCORING

- 5.1 Each area of dance in the competition will be judged by a panel comprised of a minimum of three (3) qualified judges selected by the Host City's dance committee. The judges shall be qualified in the different styles of dance that they are judging. The judges may

be different on each day of competition. **Judges must not be associated in any fashion with any of the Performers.**

5.2 Routines are judged by technique, choreography, performance/ presentation and content which include music choice and costume choice for appropriateness. Each routine receives one score, 1-100 points per judge. The combined scores of the judges are then ranked against the other dances for a 1<sup>st</sup> place (gold), 2<sup>nd</sup> place (silver), or 3<sup>rd</sup> place (bronze) medal.

5.2.1 **Judging Criteria**

Technique	35 pts
Choreography	30 pts
Performance/Presentation	20 pts
Content	<u>15 pts</u>
	=100 pts total

5.2.2 All decisions by a panel of judges will be final. Score sheets and critiques are confidential. Score sheets and critiques shall be given only to the JCC Maccabi Dance Team Coach of a delegation after the final Dance Competition Awards Ceremony.

5.3 Scoring of points for incomplete categories will be as follows:

5.3.1 When there are fewer than three dance pieces competing in a category, medals will be awarded according to the scoring system below.

260-300 points:	Gold
220-259 points:	Silver
180-219 points:	Bronze

**6. MEDALS**

6.1 The following medals shall be awarded:

First Place	JCC Maccabi Gold Medal
Second Place	JCC Maccabi Silver Medal
Third Place	JCC Maccabi Bronze Medal

6.2 Host City's Dance Committee shall determine the timing of the medal ceremonies. Medals may be awarded after each day's competition or awarded in one large ceremony at the end of the competition.

**7. DRESS**

- 7.1 Performers shall wear appropriate dance shoes and clothing.
- 7.2 Performers must wear a cover-up at all times when not on stage.
- 7.3 A performer taking part in the medal ceremony must wear shoes and his/her official delegation warm-up.

## 8. SPECIAL AWARDS

- 8.1 **Student Choreography Award:** At the conclusion of the competition, the choreography scores of those pieces entered will be evaluated and awards will be given to the piece with the highest choreography score within each age division.
- 8.2 **Eligibility:** The pieces must be submitted prior to the competition as a student choreographed piece. The student choreographer must be competing in the Dance Competition at the current Games. The student choreographer does not have to be dancing in the piece entered for it to qualify. The coach and student must sign an affidavit that the student did in fact choreograph the piece without the assistance of dance professionals.
- 8.3 **Submissions:** Pieces may be entered in any of the Performance Categories. Please note that entries in the Hip-Hop/Street Dance/Funk category must be original choreography and not taken from the source (e.g. movies, theater, music videos, etc...) The eligible General Categories include solos, duets/trios (2/3 dancers), group (4 or more dancers). Please refer to the rules when determining the correct placement of your piece. Age and gender will not be factored into this section of the competition.

The JCC Maccabi Games Dance Rules apply to each entry, including the following. The length of each entry shall not exceed three (3) minutes. Works will be presented with general stage lighting and no sets. All performance music must be on CD.

- 8.4 **Judging:** Choreography will be evaluated/judged on inventiveness, creativity, variety, difficulty, continuity, precision, clarity, dynamics, use of space and imagination on effectively combining movement vocabulary (steps and style). Winners will be selected after the entire dance competition has completed. The scores for choreography issued by the judges during the regular competition will be used to determine the winner in each category.

## 9. GENERAL INFORMATION FOR THE HOST CITY

**The Host City should provide each delegation with general information about the facilities, technical support, and schedule before they arrive.**

- 9.1 The Performance Space shall be of adequate size to accommodate between 12-14 dancers. The Performance Space should be a proscenium stage with minimum useable stage space 31'6" D X 38' W. The Host City should let delegations know exact useable stage space before they arrive. The floor surface shall be marley or some similar surface to protect the dancers from injury. Seating capacity shall be sufficient to hold between 250 and 300. The backdrop should be a black or dark curtain, or some similar material as not to detract from the dancers. Whenever possible, professional sound and lighting should be supplied to ensure both the participants and the audience can see and hear the performances. General stage lighting should be sufficient and spotlights are not necessary. A trained technician should be on site at all times during the competition.
- 9.2 Rehearsal time should be allocated on the performance stage so the dancers can familiarize themselves with the surface and size of the stage and the placement of their pieces.
- 9.3 Dressing rooms should be large enough to allow the dancers competing that day to change and store their dance wear. Mirrors with lights are helpful if available. Adequate bathrooms should be available either within the dressing room or very close to the dressing room. Water should be available in the dressing area for before and after performances.
- 9.4 Time should be allocated for lunch at the venue or the HUB when possible. Adequate time should be allotted for costume and make-up prior to the competition.
- 9.5 When organizing the event, it is suggested that the competition be spread out over several days, with each area of dance presented separately. Each day of competition will consist of one to three Performance Divisions provided there is sufficient time for that day's competition. Each Performance Division must be completed within the same day i.e. Ballet and Tap/Day 1, Lyrical, Hip-Hop, and Modern/Day 2. It is the responsibility of the SAC and the Host City Dance Committee to set the schedule that works best for the competition.