



Dance

1. RULES AND REGULATIONS

1.1 The JCC Maccabi Dance competition shall be conducted under the following rules and regulations except as they may be modified by the Sports Advisory Committee (SAC).

1.2 The Organizing Committee of the Host Community shall establish a Dance committee, with an overall dance commissioner, to oversee and run the competition, and to resolve any controversies that arise. The decisions of the Dance Committee and / or the overall dance commissioner with respect to protests, disputes, and appeals shall be final. Protests must be submitted in writing within thirty (30) minutes after awards ceremony or receiving the judges score sheets and shall relate solely to the interpretation of the rules.

1.3 Prior to the start of the Games all rules questions shall be resolved by the Dance Committee, in consultation with the SAC.

1.4 Rachmanus Rule--Rachmanus plays a key role in athletics and the JCC Maccabi Games. Compassion and good sportsmanship shall be displayed by athletes, coaches and spectators at all times during the JCC Maccabi Games. For more information, please refer to the "Rachmanus Rule."

1.5 The Dance Committee has the discretion to penalize rule violations by point reduction, disqualification from one or more performances or by other means deemed appropriate by the committee.

1.6 Any grievance not handled to the satisfaction of a visiting delegation will be handled by the Host City Dance Committee.

1.7 All competing dancers are expected to participate in all scheduled dance events provided by the Host City with a good attitude. This includes all warm-up classes, master classes and workshops. Dance coaches or delegation heads of dancers are expected to encourage their dancers' active participation in all events offered by the Host City. Note to Commissioner: Master Classes should be held on the day of JCC Cares.

2. PARTICIPANTS

2.1 There shall be no limit on the number of participants a delegation may enter in the dance competition.

2.2 The organizing Committee of the Host Community may petition the Sports Advisory Committee to establish a roster limit, but such a limit may not be less than twelve (12), and there shall be no restrictions on the number of athletes a delegation may enter in any age/gender division within that roster limit.

3. COMPETITION FORMAT

3.1 Competition shall take place in two age divisions, 12*-14 and 15-16. The organizing committee of the Host Community at its discretion may establish separate gender divisions.

3.1.1 For routines comprised of more than one dancer, the majority of the contestants competing in each age division (12-14 or 15-16), must be within that age in order to compete in that division. In the case where there is an equal amount of each age dancer, the piece will compete in the older age division.

*12 years old for Host City dancers only!

3.2 Competition shall take place in the following categories:

Note: Dancers are allowed to perform four (4) pieces only.

3.2.1 General Divisions shall include the following:

3.2.1.1 Solo: One (1) dancer

3.2.1.2 Duo-Trio: Two (2) or Three (3) dancers as one division

3.2.1.3 Small Group: Four (4) to Six (6) dancers

3.2.1.4 Large Group: Seven (7) or more dancers

3.2.2 Performance Categories shall include the following and are defined below: Ballet; Lyrical; Modern; Contemporary; Hip-Hop/ Street Dance/Funk; Jazz; Tap; Open; and Israeli Dance.

3.2.2.1 BALLETT

A routine where all dancers wear ballet slippers and execute ballet technique (classical, neoclassical, pointe and contemporary ballet are included).

3.2.2.2 LYRICAL

Lyrical dance is a dance style that blends elements of ballet and jazz dance. Lyrical dance is also somewhat smoother and a bit faster than ballet, but not quite as fast as jazz. Lyrical dance uses movement to express strong emotions, such as love, joy, romantic yearning or anger. Lyrical dance is often performed to music with lyrics. The lyrics of the song serve as inspiration for the dancers' movements and expressions. The musical genres used in lyrical dance include pop, rock, blues, hip-hop, ethnic and world music and different forms of "downtown" contemporary music, such as minimalism. Leaps are exceptionally high and soaring, and turns are fluid and continuous. Dancers may wear ballet slipper, dance sandals, or half soles.

3.2.2.3 MODERN

Modern dance reflects a style that is devoid of the restrictions of classic ballet, removed of structured routines, and focused on free-interpretations derived from inner emotions. Modern dance is older than contemporary dance. Dancers started a trend of relaxed, barefoot, and non-traditional costume wearing acts with modern dance.

Modern dance gives more accents to moods and emotions to come up with routines that are distinctly of its own. Modern dancers are all for the deliberate use of gravity, while contemporary dance retains elements of lightness and fluidity. Examples are Isadora Duncan and Martha Graham. Dancers may wear half soles or be barefoot.

3.2.2.4 CONTEMPORARY

Contemporary dance is an eclectic mix of styles, with choreographer drawing from ballet, modern, and "post-modern" (structure less) forms of dance. While some contemporary dancers create characters, theatrical events, or stories, others perform entirely new creations as they improvise in their own unique style. Merce Cunningham is considered the first choreographer to use contemporary dance. Other pioneers of contemporary dance are Ruth St. Denis, Doris Humphrey, Mary Wigman, Émile Jaques-Dalcroze and Paul Taylor. What matters when looking at the difference between modern and contemporary dance is remembering that both are forms of non-classical dances. Dancers may wear half soles or be barefoot.

3.2.2.5 HIP-HOP/STREET DANCE/FUNK

A routine which consists of elements of hip-hop, street jazz, funk, break dancing, and/or pop video dancing. Dancers may wear jazz sneakers, jazz shoes, or athletic shoes.

3.2.2.6 TAP

A routine in which all the dancers wear tap shoes and execute tap technique. This may include, but is not limited to, soft shoe, buck and wing, or rhythm tap as an accompaniment to music or may be performed a cappella. Music may not include tap sounds.

3.2.2.7 JAZZ

A styled form of theatrical dancing conceived in America, given birth by the established and varied techniques of dance brought to us by ancestors from every corner of the world, and influenced by the musical styles of each succeeding decade. Jazz is a blend of African dance, European classical dance and

American modern dance. The history of jazz dance has evolved in pace with the music moods of each decade. African American culture has been a huge influence on the development of jazz dance. For example, the Charleston, Lindy Hop, Jitterbug, Swim, Watusi, Breakdancing, and Hip Hop all grew out of the full-bodied, free spirited music and dance heritage of African American culture. Dancers may wear jazz shoes, half soles, and character shoes.

3.2.2.8 OPEN

A routine consisting of any dance style not included in one of the other performance divisions. This may include ballroom dance, folk or ethnic dances (except Israeli; see below) and acrobatic dance.

3.2.2.9 ISRAELI DANCE

A routine consisting of dance styles particular to Israeli dance which could include a dance with Jewish themes, such as a piece set to a Jewish prayer or song. This also includes traditional Israeli folk dances. This category is in addition to the four (4) routines each dancer is allowed to perform. Dancers may wear jazz shoes, lyrical shoes, half soles, or be barefoot.

3.3 The content of all routines shall be in the spirit of the JCC Maccabi games and suitable for a family audience, i.e., no lewd or overtly sexual content. The Dance Committee has the discretion to disqualify a routine that is not in accordance with this standard.

3.4 A performer may enter a maximum of four (4) routines during the competition plus an Israeli Dance piece. Israeli Dance will not be counted as one of the (4) routines. No performer may compete in more than three (3) General Divisions within one (1) Performance Division; however, no dancer may compete against his or her self.

3.5 Judges reserve the right to determine if the piece is placed in the wrong category. The piece may be performed and critiqued by the judges; however, it will not be considered for any medal.

4. COMPETITION REQUIREMENTS

4.1 The length of a routine shall be a maximum of three (3) minutes and there shall be no minimum time. A one (1) point penalty shall be imposed for every five (5) seconds a routine is over the three (3) minute time limit.

4.1.1 Timing begins and ends when the piece begins, either by music or movement. Entrances and exits with music must be included in the time limit. Entrances and exits without music and bows are not included in the time limit.

4.2 Performers shall provide one (1) professional quality CD for each number entered and it should be in a case or soft sleeve or should provide a flash drive with their music. Backup music must be available for all entries.

4.2.1 Each CD/music file may only contain one number. No other music should precede or follow it.

4.2.2 Each CD/music file shall have the following information printed on it (or saved in the file name): (1) Title of the routine, (2) Full name of performer(s), (3) Age division, (4) General Division, (5) Performance Division, (6) Name of Delegation and (7) Length of piece.

4.2.3 CDs/music files must be cued to the beginning of the music with a maximum lead-time of five (5) seconds.

4.2.4 Music should be presented to the competition director at registration.

4.3 A maximum of three (3) acrobatic/gymnastic tricks may be used in any routine, with the exception of acrobatic dance. A tumbling pass counts as one. A trick or pass done simultaneously or as a continuous movement counts as one.

4.4 Singing by the contestants during the course of a routine is not permitted. Spoken or shouted words or sounds are allowed. Hats, canes, acrobatic props and the like may be used, but scenery or special lighting may not be used.

4.5 Performers are responsible for cleaning up the stage immediately after their performance.

4.6 The use of flash cameras is strictly prohibited during the competition.

5. JUDGING AND SCORING

5.1 Each area of dance in the competition will be judged by a panel comprised of a minimum of three (3) qualified judges selected by the Host City's dance committee. The judges shall be qualified in the different styles of dance that they are judging. The judges may be different on each day of competition. Judges must not be associated in any fashion with any of the Performers.

5.2 Routines are judged by technique, choreography, performance/ presentation and content which include music choice and costume choice for appropriateness. Each routine receives one score, 1-100 points per judge. The combined scores of the judges are then ranked against the other dances for a 1st place (gold), 2nd place (silver), or 3rd place (bronze) medal.

5.2.1 Judging Criteria

Technique	35 pts
Choreography	30 pts

Performance/Presentation	20 pts
Content	<u>15 pts</u>
	100 pts total

5.2.2 All decisions by a panel of judges will be final. Score sheets and critiques are confidential. Score sheets and critiques shall be given only to the JCC Maccabi Dance Team Coach of a delegation after each medal Dance Competition Awards Ceremony. Grievances can then be addressed at that time.

5.3 Scoring of points for incomplete categories will be as follows:

5.3.1 When there is only one dance piece competing in a category, medals will be awarded according to the scoring system below.

260-300 points:	Gold
220-259 points:	Silver
180-219 points:	Bronze

6. MEDALS

6.1 The following medals shall be awarded:

First Place	JCC Maccabi Gold Medal
Second Place	JCC Maccabi Silver Medal
Third Place	JCC Maccabi Bronze Medal

6.2 Host City's Dance Committee shall determine the timing of the medal ceremonies. Medals should be awarded at the end of each day's competition.

7. DRESS

7.1 Performers shall wear appropriate dance shoes and clothing.

7.2 Performers must wear a cover-up at all times when not on stage.

8. SPECIAL AWARDS

8.1 Eligibility: The pieces must be submitted prior to the competition as a student choreographed piece. The student choreographer must be competing in the Dance Competition at the current Games.

The student choreographer does not have to be dancing in the piece entered for it to qualify. The coach and student must sign an affidavit that the student did in fact choreograph the piece without the assistance of dance professionals.

8.2 Submissions: Pieces may be entered in any of the Performance Categories. Please note that entries in the Hip-Hop/Street Dance/Funk category must be original choreography and not taken from the source (e.g. movies, theater, music videos, etc.) The eligible General Categories include solos, duets/trios (2/3 dancers), group (4 or more dancers). Please refer to the rules when determining the correct placement of your piece. Age and gender will not be factored into this section of the competition.

8.3 Judging: Choreography will be evaluated/judged on inventiveness, creativity, variety, difficulty, continuity, precision, clarity, dynamics, use of space and imagination on effectively combining movement vocabulary (steps and style). Winners will be selected after the entire dance competition has been completed. Judging should be blind and scores given for choreography must be done so without the judges' knowledge whether a piece is student choreographed.

8.4 Awards: The scores for choreography issued by the judges during the regular competition will be used to determine the winner in each category. The choreography awards will be given at the very end of the competition on Thursday to allow for a consensus score among all the judges used throughout the week of JCC Maccabi for all of the dances conducted. The choreography award will be given to the student choreographer with the highest choreography score within each of the following categories. A minimum choreography score of 26 or higher must be achieved to be eligible for the award. If there was a tie the highest would go to the highest overall dance.

13-14 Solo
13-14 Duo/trio
13-14 Group
15-16 Solo
15-16 duo/trio
15-16 Group

9. GENERAL INFORMATION FOR THE HOST CITY

The Host City should provide each delegation with general information about the facilities, technical support, and schedule before they arrive.

9.1 The Performance Space shall be of adequate size to accommodate between 12-14 dancers. The Performance Space should be a proscenium stage with minimum usable stage space 31'6" D X 38' W. The Host City should let delegations know exact usable stage space before they arrive. The floor surface shall be marley or some similar surface to protect the dancers from injury. Seating capacity shall be sufficient to hold between 250 and 300. The backdrop should be a black or dark curtain, or some similar

material as not to detract from the dancers. Whenever possible, professional sound and lighting should be supplied to ensure both the participants and the audience can see and hear the performances. General stage lighting should be sufficient and spotlights are not necessary. A trained technician should be on site at all times during the competition.

9.2 Rehearsal time should be allocated on the performance stage and in an additional space so the dancers can familiarize themselves with the surface and size of the stage and the placement of their pieces.

9.3 Dressing rooms should be large enough to allow the dancers competing that day to change and store their dancewear. Mirrors with lights are helpful if available. Adequate bathrooms should be available either within the dressing room or very close to the dressing room. Water should be available in the dressing area for before and after performances. 3-5 stand up mirrors and fans for ventilation should be provided.

9.4 Time should be allocated for lunch at the venue or the HUB when possible. Adequate time should be allotted for costume and make-up prior to the competition.

9.5 When organizing the event, it is suggested that the competition be spread out over several days, with each area of dance presented separately. Each day of competition will consist of one to three Performance Divisions provided there is sufficient time for that day's competition. Each Performance Division must be completed within the same day i.e. Ballet and Tap/Day 1, Lyrical, Hip-Hop, and Modern/Day 2. It is the responsibility of the SAC and the Host City Dance Committee to set the schedule that works best for the competition.